

Winter 2018

Community Education

Non-Credit Classes at Peninsula College



Creative Entrepreneur Workshop

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Ancient Celts: Society, Culture and Religion

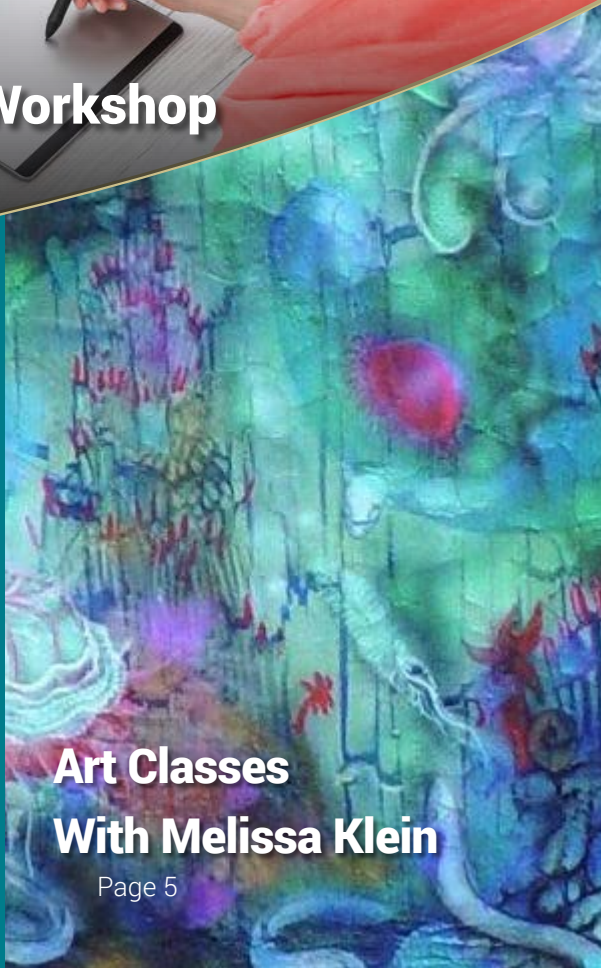
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PENINSULA COLLEGE

pencol.edu/ce

Choose from many convenient & affordable
non-credit, continuing education classes!

Find Your Class

3 | Port
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Area

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County

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Register

Online at www.pencol.edu/CE/Register

By phone at (360) 417-6340

In Person: Port Angeles campus, Student Services, D building (call for hours)

Questions

Please call (360) 417-6335 for additional assistance with registration and for answers to specific questions about classes.



Are you interested in
CLASSES FOR CREDIT?

Peninsula College also offers a wide array of classes for credit that you can apply towards a certificate or degree.

Check out classes offered this winter at:
classes.pencol.edu/winter2018

And check out complete program offerings at:
pencol.edu/programs

Port Angeles

Classes meet at the Peninsula College main campus,
1502 E Lauridsen, Port Angeles, unless otherwise noted.

All of the Arts

Botanical Drawing-Basics



Learn to draw plants and flowers with just 4 shapes. Botanical drawing can seem daunting; all those leaves and petals! But by reducing the plants and flowers to 4 basic shapes it makes the process very manageable. Plants will “come alive” on your paper with graphite pencil and eraser.

\$105.00 **1:30-3:30PM** **F**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.
For a detailed material list required for this course, visit:
pencol.edu/ce/art-supplies.

Item # N020 Department: C-A002 Section: N
Meets: 1/26/2018 to 2/23/2018 | Rm: 208 | Instr: A. Woods

Exploring Clay

This hands on class is designed for both beginners with little or no experience and those continuing to refine their skills. Through group and individual instruction, students will learn/refine hand building techniques and working on the wheel. Group instruction will focus on “the basics” with opportunity for individual or small group instruction for continuing students. We will explore surface decoration, form, and glazing as well. Remember, clay is messy, dress appropriately and bring an old towel.

\$287.00 **5:30-8:30PM** **M**
No Class on 1/15 & 2/19

Item # N120 Department: C-AE026 Section: N
Meets: 1/8/2018 to 3/12/2018 | Rm: E111 | Instr: C. Elstrom

Guitar 1

ANYONE can learn to play guitar, and it doesn't take long. With just a few pointers, you will be well on your way to campfire stardom and beyond. In this class, you will learn the essential chords you'll need to get started, as well as the steps to keep you motivated as you continue on the journey. Students to supply their own guitar.

\$63.00 **1:30-2:30PM** **W, F**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N112 Department: C-SF010 Section: N
Meets: 1/24/2018 to 2/9/2018 | Rm: 230 | Instr: L. Starceвич

Guitar 2



This is a course designed for guitarists with experience playing basic chords (e.g. C, D, A, F, etc.) and strumming patterns but who want to challenge themselves by experimenting with alternative strumming patterns, barre chords, and reading tablature. This is a

course that mainly emphasizes rhythm guitar (not classical guitar) but some fingerpicking will be explored.

\$63.00 **2:45-3:45PM** **W, F**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.
Student to bring their own guitar.

Item # N113 Department: C-SF011 Section: N
Meets: 1/24/2018 to 2/9/2018 | Rm: 230 | Instr: L. Starceвич

Landscape Sketching 1



This is a completely indoors introduction to landscape sketching. We will cover not only basic drawing skills, but composition, lighting, design, and even abstraction and “finding your voice.” When the weather warms up, we'll be completely ready to take it outdoors. All levels of experience are welcome!

\$31.50 **1:00-3:00PM** **W**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.
For a detailed material list required for this course, visit:
pencol.edu/ce/art-supplies.

Item # N024 Department: C-A1017 Section: N
Meets: 1/24/2018 to 2/28/2018 | Rm: 208 | Instr: K. Altieri

Writing Your Memoir

Have you always wanted to write your story? If you already have a body of work, collection of essays or even a memoir manuscript in hand, you will enjoy this class. Beginners welcome, too (Grammar not required). Through writing exercises and prompts you'll be able to dig deep into your story and make it universally important to the ones you love and the world. Wherever you are in your life or on your writing journey you will appreciate your fellow writer and having an experienced writer, teacher, and mentor in a safe environment.

\$147.00 **2:00-4:00PM** **Tu**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N102 Department: C-A1027 Section: N
Meets: 1/23/2018 to 3/6/2018 | Rm: 208 | Instr: S. Shepard

Digital Media / Photo

Art + Technology: Photoshop 1

Introduction to Photoshop's Environment and Tools. Enjoy a friendly tour through Photoshop's work area including the Menu Bar, Options Bar, Toolbox, Active Image Area, and Palettes. Open your digital toolbox and explore the power tools at your disposal. Find out why there is a magic wand, clone stamp, and history brush. Study shortcuts, saving, and navigation in Photoshop to make your time on the computer inspired, not confusing.

\$32.00 **4:00-7:00PM** **Th**

Item # N031 Department: C-D057 Section: J
Meets: 1/18/2018 to 1/18/2018 | Rm: M133 | Instr: R. Brock

Art + Technology: Photoshop 2

Selections, Masks, and Manipulation in Photoshop. Utilize Photoshop's power by making selections in various ways. Learn about the marquee, lasso, magic wand, paths, and pens. Use masks to alter reality by combining different images together. Learn how to modify images by flipping, rotating, skewing, distorting, and making adjustments. Get control of layers and find out what they can do for you.

\$32.00 4:00-7:00PM Th

Item # N032 Department: C-D058 Section: N
Meets: 1/25/2018 to 1/25/2018 | Rm: M133 | Instr: R. Brock

Art + Technology: Photoshop 3

Painting with Pixels and Photo Enhancement Utilizing Photoshop. Spread out your color palette, line up your custom brushes, and create original artwork by dabbing lightly or smearing on thick of layers and layers of pixels. Scan in inspiration and develop your personal style that evokes emotion and meaning like any artistic medium. Enhance your photography by using Levels, Curves, and other eye-popping techniques. Learn how to retouch photos and improve any image with a click of the mouse.

\$32.00 4:00-7:00PM Th

Item # N033 Department: C-D059 Section: N
Meets: 2/1/2018 to 2/1/2018 | Rm: M133 | Instr: R. Brock

Art + Technology: Photoshop 4

Artistic Experiments and Results with Photoshop. Here's where we get really creative and use Photoshop's versatile work environment to launch your artistic productivity and apply it to physical art and craft projects. Develop the proper use of unlimited power and uncover the exploitation and excess of Filters, Effects, and Blending Modes. Vitalize your artistic expression and learn how to prepare your images for contact sheets, slideshows, and web galleries. Keep a journal of photos, drawings, marks, and personal iconography to invent projects and to release your boundless imagination.

\$32.00 4:00-7:00PM Th

Item # N034 Department: C-D060 Section: N
Meets: 2/8/2018 to 2/8/2018 | Rm: M133 | Instr: R. Brock

WordPress Website Design

WordPress Websites and Blogs create an online presence quickly and affordably and enable you to focus on content instead of code. Learn the essentials of adding and editing posts and pages, assigning categories and tags, embedding content from sources like YouTube. You will further explore how to optimize settings for web search placement; understand how Themes and Frameworks control the look-and-feel of your site; delve into master plug-in enhancements, learn social media integration and more. Online access between classes is required.

\$126.00 4:00-7:00PM Th

Item # N021 Department: C-019N Section: J
Meets: 2/15/2018 3/8/2018 | Rm: M133 | Instr: R. Brock

Garden & Home

Winter Gardening

Winter is the most important time of year for myriad garden chores and prepares the yard and garden for the coming growing season. This class is designed to take the student week by week through the chores one needs to perform in order to have a gorgeous, carefree, spring and summer! Please bring sack lunch as needed.

\$84.00 9:30AM-1:30PM Sa
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N153 Department: C-GB015 Section: N
Meets: 1/27/2018 to 2/3/2018 | Rm: 208 | Instr: A. May

Health & Wellness

Your Best Dynamic Balance Using Awareness Through Movement

Work on your sense of balance and ability to recover when you lose it. Maintaining balance is a dynamic action that requires flexibility, adaptability and internal strength. Feldenkrais Awareness Through Movement® uses gentle, slow movement sequences and cultivates mindfulness to help you create clear intention and change habitual action. Compliments fitness regimes/ mindful movement practices. Good for pain reduction/ rehabilitation. NOTE: Bring mat or blanket and wear clothing allowing unrestricted movement.

\$141.00 4:00-5:15PM Th
No class 2/1/18. Class meets at First United Methodist Church, 110 E. 7th St., Port Angeles

Item # N114 Department: C-H050 Section: N
Meets: 1/11/2018 to 3/15/2018 | Rm: 141 | Instr: K. Wieseman

Entrepreneur Institute

Creative Entrepreneur Workshop



This course will provide helpful tools to assist creative individuals from all walks of life who desire to make a livelihood from their creative work but who experience a division between their creative work and necessities of business.

\$178.00 7:00-9:00PM W
Class meets at Studio Bob's, 118 1/2 E Front St, Port Angeles.

Item # N023 Department: C-A053 Section: N
Meets: 1/10/2018 to 2/7/2018 | Rm: | Instr: M. Alice Long

Flagging

State certification in flagging, traffic control, and safety. Upon successful completion, participants receive a certification card valid for three years. Fee includes handbook. Must be at least 18 years of age.

\$98.00 **9:00AM-4:00PM** **Sa**
Class meets at the Lincoln Center, 905 W. 9th, Port Angeles.

Item # N142 Department: C-JC008 Section: N
Meets: 3/10/2018 to 3/10/2018 | Rm: Room 208 | Instr: A. Vizcarra

Welding & Art

This course is designed for the artist and/or hobbyist and will cover welding safety, oxyacetylene welding, and wire feed welding. Various techniques of metal forming and design will be covered. Methods of instruction will include lectures on principles of safety practices, welding and cutting processes, shielding gasses, and filler metals.

\$395.00 **6:00-9:00PM** **F**

Item # N187 Department: C-J001 Section: N
Meets: 1/12/2018 to 3/16/2018 | Rm: Welding Lab | Instr: K. Flanagan

Language & Culture

Ancient Celts: Society, Culture & Religion



Who were the Celts? What were their daily lives like? This course will examine the key features of Celtic culture (society and religion) from c. 2000 BCE until 500 CE and how these ancient peoples influenced western and central Europe. Students will examine the early and later migrations of various Celtic peoples and the development/dominance of the Hallstatt and La Tene cultural groups.

\$110.00 **10:00-11:45AM** **Th**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N109 Department: C-L022 Section: N
Meets: 2/15/2018 to 3/22/2018 | Rm: 208 | Instr: E. Lowinger

Pagan Empire: Religion(s) and Cults of the Roman World

This class will examine the key aspects of Roman religion from the 1st through 4th centuries AD. Discussions will include the core beliefs of Roman paganism and the Imperial cult, as well as the adoption/integration of various Persian, Egyptian and Celtic religious practices by many Romans throughout the empire.

\$110.00 **10:00-11:45AM** **Th**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N013 Department: C-L021 Section: N
Meets: 1/4/2018 to 2/8/2018 | Rm: 208 | Instr: E. Lowinger

Vikings: Raiders, Conquerors & Settlers

Who were the Vikings? Examine the history, culture and society of Scandinavia during the 8th through 11th century A.D., as well as the legacy of Scandinavian migration to England, Scotland, Ireland, Iceland, France, Italy, the Baltics and beyond.

\$110.00 **1:00-2:45PM** **Th**
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N012 Department: C-L020 Section: N
Meets: 1/25/2018 to 3/1/2018 | Rm: 208 | Instr: E. Lowinger

Olympic Peninsula

Fishing the Peninsula

New to the area? Become familiar with the Peninsula's fishing opportunities. Fundamentals of the fisheries, tackle, technique and fishable waters will be covered; students to provide own transportation for Saturday field trip.

\$147.00 **6:00-9:00PM 1/24 & 1/31**
9:00AM-6:00PM 2/3 Field-Trip
Class meets at the Lincoln Center, 905 W 9th, Port Angeles.

Item # N169 Department: C-O074 Section: N
Meets: 1/24/2018 to 2/3/2018 | Rm: 208 | Instr: R. Link

Instructor Highlight

Melissa Klein



Melissa Klein lives in Sequim, WA. She has shown in Philadelphia, Kauai and the Olympic Peninsula. She has extensively painted the landscapes of Kauai. Her artwork is featured in books, magazines, and murals including "The Artist and the American Landscape" by John Driscoll and Arnold Skolnick. Clients include Nash's, the Environmental Protection Agency, the North Olympic Library System, Kauai Children's Discovery Museum, Fairchild Tropical Garden, University of Pennsylvania & North American Publishing. She works in a variety of mediums: watercolor, gouache, oil, acrylic, airbrush, ink and crackle-milk paint. She earned a BFA from the University of Pennsylvania (1990) and a Masters of Initial Teaching from Gonzaga University (2003). Melissa most recently taught Commercial Art at the North Olympic Peninsula Skills Center in Port Angeles.

Sequim Area

Classes meet at the locations noted.

All of the Arts

Color Ink Magic

Colored inks offer a huge range of versatility for creating layers with your painting. Learn how to create glow and shadow effects to add more depth and light to your painting. Mix colors beyond the basics to make both more naturalistic and vivid effects. Ink is a perfect medium between drawing and painting - so it's a great (and economical) way to explore and make the transition with confidence from drafting/drawing skills to painting. All art supplies needed for this course will be provided in class.

\$155.00 **1:00PM-3:00PM** **F**
Class meets at the Olympic Unitarian Universalist Fellowship, 1033 N. Barr Road, Port Angeles (Agnew)

Item # S021 Department: C-A002 Section: S
Meets: 1/19/2018 to 2/16/2018 | Rm: OUF | Instr: M. Klein

Doodle to Draw

Have you ever doodled and wondered if you could do more with it and learn how to really draw? Learn how to use doodling strategies to create drawings that breathe with light and life. Access your creativity through the "back door" of doodling to create original works from your imagination. Ever wondered why some drawings in spite of best efforts to be accurate look stiff and weird? Learn some of the top pitfalls of drawing and how to fix them to take your work to the next level. Beginners welcome.

\$130.00 **10:00AM-12:00PM** **F**
Class meets at the Olympic Unitarian Universalist Fellowship, 1033 N. Barr Road, Port Angeles (Agnew). For a detailed material list required for this course, visit: pencol.edu/ce/art-supplies.

Item # S120 Department: C-A 001 Section: S
Meets: 1/19/2018 to 2/16/2018 | Rm: OUF | Instr: M. Klein

Fun with Camera Controls

Many photographers often resort to automatic mode because the controls and menus that come with a digital camera are too confusing. This course is a fun way to explore basic camera controls and their effects on your photographs, including focus and depth of field, capturing and freezing motion, color temperature and white balance, over and underexposure. All experience levels welcome.

\$130.00 **10:00AM-12:00PM** **Sa**
Class meets at the Olympic Unitarian Universalist Fellowship, 1033 N. Barr Road, Port Angeles (Agnew)

Item # S111 Department: C-D020 Section: S
Meets: 1/20/2018 to 2/17/2018 | Rm: OUF | Instr: G. Banks

Nature Writing

Let the beauty of nature's delight occupy your page! This fun writing class will take you out into the outdoors and help you craft your own voice celebrating the essential bloom that emerges from nature's gladness.

\$120.00 **11:00AM-1:30PM** **Su**
Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S011 Department: C-AI045 Section: S
Meets: 2/4/2018 to 3/4/2018 | Rm: DSH-South Rm | Instr: N. Slick

Writing Your Memoir

Have you always wanted to write your story? If you already have a body of work, collection of essays or even a memoir manuscript in hand, you will enjoy this class. Beginners welcome, too (Grammar not required). Through writing exercises and prompts you'll be able to dig deep into your story and make it universally important to the ones you love and the world. Wherever you are in your life or on your writing journey you will appreciate your fellow writer and having an experienced writer, teacher, and mentor in a safe environment.

\$162.00 **2:00-4:00PM** **M**
No class 2/29/18. Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S036 Department: C-AI027 Section: S
Meets: 1/22/2018 to 3/12/2018 | Rm: DSH-South Rm | Instr: S. Shepard

Garden & Home

All Season Pruning

Incorrect pruning is the most common problem in one's yard. Learn a year-round approach, including the seven reasons and three tenants of pruning, tools, and pruning methods. The class will prepare you for any plant problem. A field demonstration during the second session (1/20) will be included so dress appropriately. Please bring sack lunch as needed.

\$99.00 **9:30AM-1:30PM** **Sa**
Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S121 Department: C-GB024 Section: S
Meets: 1/13/2018 to 1/20/2018 | Rm: DSH-South Rm | Instr: A. May

Health & Wellness

Medicinal Plants

Medicinal plants thrive in your yard and lurk in your cupboards! Join our returning Wild Edibles instructor for this fascinating and useful class. Learn how to make your own infusions and decoctions, poultices and tinctures, salves and oils out of medicinal plants that surround you every day.

\$146.00 **2:00-4:00PM** **Su**
Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S069 Department: C-F002 Section: S
Meets: 2/4/2018 to 3/4/2018 | Rm: DSH-South Rm | Instr: N. Slick



Tinctures & Infusions for Heart Health

Have you ever wanted to know how to make those little bottles of herbal remedies? This class will introduce you to the fine art of making home creations to benefit heart health. We are taking a journey through the steps needed to make a single herb tincture, to making the product, and then decanting the liquid for consumption. Students will have the opportunity to take home herbal remedies for personal use.

New!

\$141.00 **2:00-4:00PM** **Th**
Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S360 Department: C-H032 Section: S
Meets: 2/1/2018 to 3/8/2018 | Rm: DSH-South Rm | Instr: C. Michaels-Brader

Yin Yoga for More Balance in Your Life

As you work to incorporate more balance and moderation into your life, adding in a yin yoga practice complements all yoga practices and active lifestyles. This class invites you to slow down and will nourish joints, ligaments, tendons and fascia. This class is suited for all, seniors welcome.

New!

\$142.00 **1:00-2:30PM** **Tu**
Class meets at Bodhi Tree Yoga Studio, 271 Blakely Blvd, Sequim

Item # S024 Department: C-H024 Section: S
Meets: 1/16/2018 to 3/13/2018 | Rm: BTYS | Instr: S. Stratton

Special Features

Legal Literacy for Estate Planning

In this class, you will learn about basic estate documents, including wills, powers of attorney, and medical and other end of life documents. Additional discussion will present minimum requirements established by Washington state statute for creating a will and further topics to keep in mind when estate planning, such as caring for your minor children and pets after you die. This class will also present the ethical will, a document that contains a legacy of your personal values, life lessons and words of advice and love for loved ones.

\$120.00 **12:00-2:00PM** **M, Tu**
Class meets at the Historic Dungeness Schoolhouse, 2781 Towne Rd

Item # S068 Department: SF055 Section: S
Meets: 1/29/2018 to 2/12/2018 | Rm: DSH-South Rm | Instr: N. Slick

Save Time!
REGISTER ONLINE
www.pencol.edu/CE/Register

East Jefferson County

All classes meet at the Port Townsend Campus, Fort Worden, 202 Eisenhower Avenue, unless otherwise noted.

All of the Arts

Art + Technology: Illustrator 1

Introduction to Adobe Illustrator's Environment and Tools. Learn how to use Illustrator as a means to link your creative intentions with digital flexibility. Basic computer experience is required.

\$32.00 **5:00-8:00PM** **W**

Item # T858 Department: C-D035 Section: J
Meets: 2/7/2018 to 2/7/2018 | Rm: 201 | Instr: R. Brock

Art + Technology: Illustrator 2

Gain the hand/eye coordination that makes Illustrator a powerful application and you will be able to create and transform graphic objects with the mighty pen. Basic computer experience is required.

\$32.00 **5:00-8:00PM** **W**

Item # T859 Department: C-D036 Section: J
Meets: 2/21/2018 to 2/21/2018 | Rm: 201 | Instr: R. Brock

Art + Technology: Illustrator 3

Level up and learn about layers. Build custom art brushes, swatches, gradients, and patterns within Illustrator to define your personal aesthetic and workflow. Basic computer experience is required.

\$32.00 **5:00-8:00PM** **W**

Item # T860 Department: C-D037 Section: J
Meets: 2/28/2018 to 2/28/2018 | Rm: 201 | Instr: R. Brock

Art + Technology: Illustrator 4

Tackle typographic design and explore the power of text within Illustrator's fonts to create meaningful and expressive art with an impact. Basic computer experience is required.

\$32.00 **5:00-8:00PM** **W**

Item # T861 Department: C-D038 Section: J
Meets: 3/7/2018 to 3/7/2018 | Rm: 201 | Instr: R. Brock

Beginning Squarespace

Build and maintain your own beautiful, modern and "responsive" website using the online, subscription-based website builder, Squarespace.com. An easy, affordable website solution for micro and small businesses, artists, photographers, online stores, bloggers, restaurants, musicians, and for events such as weddings. Class fee does not include Squarespace plan fee.

New!

\$95.00 **6:00-7:30PM** **Tu**

Item # T906 Department: C-C025 Section: J
Meets: 1/16/2018 to 2/20/2018 | Rm: 204 | Instr: A. Robineau

Fun with Camera Controls

New!

Many photographers often resort to automatic mode because the controls and menus that come with a digital camera are too confusing. This course is a fun way to explore basic camera controls and their effects on your photographs, including focus and depth of field, capturing and freezing motion, color temperature and white balance, over and underexposure. All experience levels welcome.

\$105.00 10:00AM-12:00PM Th

Item # T911 Department: C-D020 Section: J
Meets: 2/15/2018 to 3/15/2018 | Rm: 207 | Instr: G. Banks

Opera and Song: Voices that Touch the Heart

In our head meets heart class, we'll use an excellent AV system to explore operas scheduled for Seattle Opera and the Met this winter, and audition recordings by the foremost opera and song specialists on record. Our target operas include Seattle's *Così fan tutte* and rarely performed *Beatrice & Benedict* (Berlioz), and the Met's live HD broadcasts of *Tosca*, *L'Elisir d'Amore*, *La Bohème*, *Semiramide*, and *Così*. By delving into some of these works and recordings, and comparing voices and interpretations past and present, we'll bask in beauty

and develop nuanced appreciation for great, emotionally compelling artistry.

\$168.00 10:00AM-12:00PM TU

Item # T875 Department: C-I045 Section: J
Meets: 1/23/2018 to 3/13/2018 | Rm: 109 | Instr: J. Serinus

Language & Culture

An Introduction to Islam

A discussion of Islam, including major doctrines, theology, practices, schools of thought, and a brief historical outline. The Islamic Faith will be compared with other religious traditions, including Christianity and Judaism. Sufism, the mystical branch of Islam, will be discussed along with a brief presentation on the Sufi mystic Mawlana Jalal ad-Din Rumi. Videos, music and illustrated PowerPoint presentations will enhance the learning experience.

\$63.00 12:00-6:00PM Sa

Item # T914 Department: C-SF019 Section: J
Meets: 2/3/2018 to 2/3/2018 | Rm: 201 | Instr: D. May

Beginning Spanish

For beginners and on-going students of the Spanish language. A mixture of grammar, culture, pronunciation, listening and speaking.

\$168.00 10:30AM-12:30PM W

Item # T810 Department: C-L085 Section: J
Meets: 1/10/2018 to 2/28/2018 | Rm: 208 | Instr: V. Betreud

French Conversation

Continue your knowledge of the French language with a mixture of literature, grammar, culture, pronunciation, food and fun for the somewhat-fluent francophone.

\$168.00 12:30-2:30PM Tu

Item # T811 Department: C-L087 Section: J
Meets: 1/9/2018 to 2/27/2018 | Rm: 208 | Instr: V. Betreud

Intermediate Spanish

For intermediate on-going students of the Spanish language. A mixture of grammar, culture, pronunciation, listening and speaking.

\$168.00 12:30-2:30PM Th

Item # T813 Department: C-L089 Section: J
Meets: 1/11/2018 to 3/1/2018 | Rm: 208 | Instr: V. Betreud

Journaling for Caregivers

Are you a caregiver who is so busy taking care of another that you forget to take time for yourself? Join this workshop designed to enable you to learn to express your emotions in writing without judgment, and with compassion for yourself and others. Class will be a combination of reading, discussions, and short writing exercises. No previous writing experience necessary.

\$32.00 1:00-4:00PM Sa

Item # T909 Department: C-AI008 Section: J
Meets: 2/3/2018 to 2/3/2018 | Rm: 109 | Instr: H. Hughes

Writing in Place: Connecting with Our Roots

In this course, students will learn practices for connecting with the land, including the tradition of keeping a natural history journal, sketching and writing what we observe. We'll begin with a story from the indigenous peoples, read and discuss accounts of early settlers and naturalists, then head out into the field. All welcome; no writing experience necessary. Please dress to go outdoors.

\$42.00 1:00-5:00PM Sa

Item # T918 Department: C-AI009 Section: J
Meets: 2/10/2018 to 2/10/2018 | Rm: 109 | Instr: H. Hughes

Russia: History & Culture

This course will provide an overview of Russia's history, from earliest times to the fall of the Soviet Union in 1991. Students will explore political, economic, multi-national, social, and cultural aspects of Russian and Soviet history.

\$126.00 3:00-5:00PM M

Item # T862 Department: C-L060 Section: J
Meets: 2/5/2018 to 3/19/2018 | Rm: 208 | Instr: G. Clark

Science & Spirit: A Personal Cosmology Project

Science and religion continue to be antagonists. This class will explore spirituality through modern scientific understanding of cosmology, evolutionary quantum biology, consciousness, and a new discipline of quantum cognition. We will read several authors, watch videos, discuss issues, and write our own personal cosmology story.

\$105.00 10:00AM-12:00PM Tu

Item # T904 Department: C-SF010 Section: J
Meets: 2/6/2018 to 3/6/2018 | Rm: 109 | Instr: G. Nelson

Spanish Conversation

Continue your knowledge of the Spanish language. Class is conducted completely in Spanish and students should already have an intermediate level. A mixture of reading (generally short stories), grammar, culture and guided conversations.

\$168.00 1:00-3:00PM W

Item # T814 Department: C-L088 Section: J
Meets: 1/10/2018 to 2/28/2018 | Rm: 208 | Instr: V. Betreaud

The Mystical Poetry of Mawlana Rumi

Explore the life and poetry of the great Sufi mystic and poet Mawlana Jalal ad-Din Rumi. The course will explore the themes, subject matter, and symbolism of Rumi's poetry and make comparisons with similar poetic expressions in Zen Buddhism and Daoism. A poetry workshop will follow.

\$63.00 12:00-6:00PM Sa

Item # T911 Department: C-SF011 Section: J
Meets: 1/27/2018 to 1/27/2018 | Rm: 201 | Instr: D. May

Special Features

Get the House You Want!



Thinking or remodeling or building a new home? Start here. This short course introduces students to the concept of a design brief - a comprehensive list of your requirements and preferences that covers everything that a designer needs to know to create the house you want.

\$21.00 2:00-4:00PM Th

Item # T931 Department: C-GA008 Section: J
Meets: 3/15/2018 to 3/15/2018 | Rm: 207 | Instr: G. Hughes

Our Supreme Court

What institutions make up our national judicial system, and how does the Supreme Court fit into that system? What significant historical events and Court rulings have shaped the Court we have today? We'll explore such timely topics as the federalism, national sovereignty & international law, religious freedom, the evolution of civil rights, and the relationship between the federal government and native tribes.

\$105.00 10:00AM-12:00PM W

Item # T750 Department: C-SF004 Section: J
Meets: 2/7/2018 to 3/7/2018 | Rm: 207 | Instr: J. Francis, P. Gartlan, N. Pedersen



Class A & B CDL Training Course

Two & four week intensive training begins March 2018. For more information contact:

Nicole Volkmann
nvolkmann@pencol.edu
or call (360) 417-6335

Instructor Highlight Holly Hughes



Poet and naturalist Holly J. Hughes taught writing at the college level for more than 25 years as well as at regional workshops and conferences. She is the author of *Sailing by Ravens* (University of Alaska Press, 2014) and

co-author of *The Pen & the Bell: Mindful Writing in a Busy World* (Skinner House, 2012). Her most recent collection of poems, *Passings* (Expedition Press, 2016) received an American Book Award in 2017. She edited the award-winning anthology, *Beyond Forgetting: Prose and Poetry about Alzheimer's Disease* and co-edited *Contemplative Approaches to Sustainability: Theory and Practice* (Routledge, 2016). In addition to teaching, she's spent more than 30 seasons working on the water in Alaska, including commercial fishing, skippering a 65-foot schooner and working as a ship's naturalist.



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Administrative Dental Assistant

This nationally recognized Administrative Dental Assistant Online Certificate Program will teach you the essential skills for managing the business aspects of a dental practice and becoming an administrative dental assistant. You will learn about dental terminology and anatomy, medical records management, accounts receivable and reimbursement management, insurance and patient billing, patient scheduling, and procedural and diagnostic coding.

\$1795.00

Item # G231 Department: LO-EI131 Section: L
Date: Arranged | Online | Instr: A. ARR

CBCS Medical Billing, Coding, and Medical Terminology

This nationally recognized program combines the Medical Billing and Coding program with 60 hours of medical terminology training to give you a competitive edge in the healthcare field. Upon completion of this program, you will be prepared to sit for the Certified Billing and Coding Specialist (CBCS) exam, offered by National Health career Association (NHA).

\$2195.00

Item # G244 Department: LO-EI124 Section: L
Date: Arranged | Online | Instr: A. ARR

Certified Bookkeeper

The Certified Bookkeeper Online Training Program for experienced bookkeepers leads to national certification with the American Institute of Professional Bookkeepers (AIPB). The AIPB certification is a high professional standard for bookkeepers.

\$1995.00

Item # G232 Department: LO-EI132 Section: L
Date: Arranged | Online | Instr: A. ARR

Clinical Dental Assistant

The Clinical Dental Assistant Online Training Program will prepare you to become a productive member of a dental team as a professional dental assistant. You'll learn about every aspect of professional dental assisting, including invaluable real-world perspectives from experienced dental assistants and essential information about anatomy and physiology, preventive dentistry, patient care and communication, radiology, pharmacology, anesthesia, assisting in specialty practices, employment strategies, and much more.

\$1995.00

Item # G230 Department: LO-EI130 Section: L
Date: Arranged | Online | Instr: A. ARR

ICD-10 Medical Coding

Prepare for the future of medical coding by mastering the steps for using the ICD-10-CM and ICD-10-PCS to code medical diagnoses and procedures.

\$1795.00

Item # G222 Department: LO-EI122 Section: L
Date: Arranged | Online | Instr: A. ARR

Medical Terminology

This program will give you a full understanding of medical terminology, from word origins to their application. You'll learn the correct terms and spelling for all of the body systems, major pathological conditions, disorders, treatments, medications, and more.

\$795.00

Item # G225 Department: LO-EI125 Section: L
Date: Arranged | Online | Instr: A. ARR

Payroll Practice and Management

This program is designed to help you prepare and provide a thorough review for the Certified Payroll Professional (CPP) exam administered by the American Payroll Association (APA). To qualify to sit for the exam you must meet the APA requirements.

\$1795.00

Item # G233 Department: LO-EI134 Section: L
Date: Arranged | Online | Instr: A. ARR

Veterinary Assistant

This online program will prepare you to become a productive member of a veterinary team. You'll learn about every aspect of veterinary assisting, including anatomy and physiology, animal restraint, laboratory sample collection, assisting in surgery and dentistry, prescription preparation, and taking radiographs.

\$1995.00

Item # G229 Department: LO-EI129 Section: L
Date: Arranged | Online | Instr: A. ARR



PENINSULA COLLEGE

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