



# **RUNNING START 2023-2024**

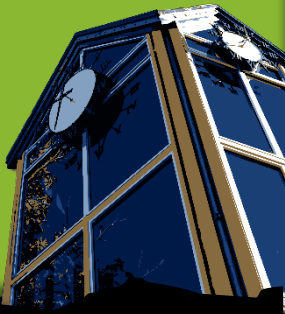
*Is Running Start the right choice for you?*



PENINSULA COLLEGE



# RUNNING START AT PC



## MEET THE RS TEAM



**Cindy Lauderback**  
Manager of High School Programs and Advisor for NBHS, CBHS, QHS, Insight and WAVA.



**Anna Forrestal**  
Director of Port Townsend Extension Site and Advisor for PTHS, CHS and Ocean



**Rebecca Schwartz**  
Director of Forks Extension Site and Advisor for FHS and Quileute Tribal School



**Bobbie Zajkowsky**  
Advisor for Port Angeles High School



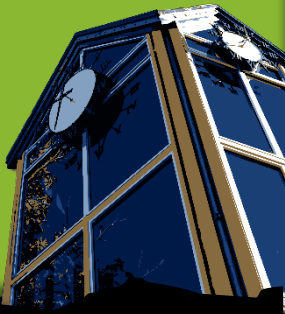
**Veronica Bechtold**  
Advisor for Sequim High School



**Emma Jones**  
Advisor for Prof/Tech programs and the Associate in Business Degree



# RUNNING START AT PC



## MEET THE RS TEAM



**Katrina Campbell**  
Esports Coach  
and Advisor for  
AS Degrees,  
Crescent,  
Seaview and  
Lincoln High  
School



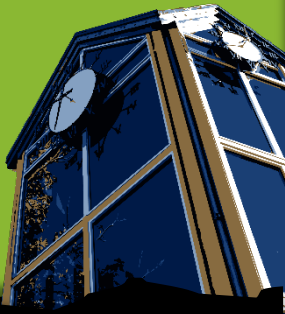
**Kelly Dyer**  
Student  
Development  
Program  
Assistant



**Karen Sixkiller**  
ESSER Grant  
Program  
Specialist



# RUNNING START AT PC



## WHAT IS RUNNING START?

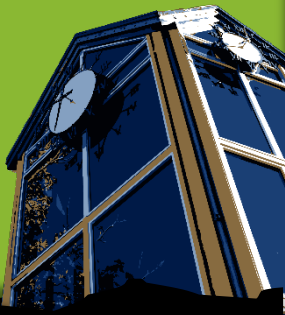
It is a statewide Dual credit program for juniors and seniors enrolled in a public high school

Running Start is a way to complete your high school graduation requirements while earning college credit, and maybe even earn a degree!



Tuition free classes at the college up to a full-time schedule



# RUNNING START AT PC



## TYPES OF RUNNING START PARTICIPANTS

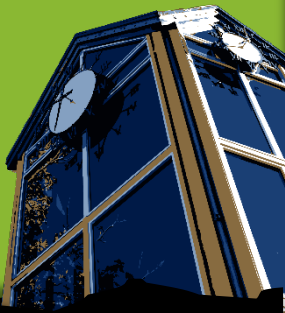
Full-Time Traditional	Part-Time Traditional	Degree Completion
<ul style="list-style-type: none"><li>• Follows <b>HS Graduation</b> Requirements, HS issues diploma</li><li>• Takes <b>15 credits/qtr</b></li><li>• Follows <b>course equivalency guide (Planning Form)</b></li><li>• With planning, <b>potential to earn an associate degree</b></li></ul> 	<ul style="list-style-type: none"><li>• Follows <b>HS Graduation</b> Requirements, HS issues diploma</li><li>• Takes <b>less than 15 credits/qtr</b></li><li>• Follows <b>course equivalency guide (Planning Form)</b></li></ul>	<ul style="list-style-type: none"><li>• Only follows <b>college degree requirements</b></li><li>• Takes <b>15 credits/qtr.</b></li><li>• Student <b>does not walk in HS graduation ceremony</b></li><li>• <b>High school diploma and associate degree</b> both issued by Peninsula College</li></ul> 



*Any student that earns an Associate's degree, and applies for graduation, will be invited to the PC graduation ceremony in June.*



# RUNNING START AT PC



## Prepare for University Transfer

### Complete an Associate's Degree

- Associate in Arts or Associate in Arts Honors (DTA)
- Associate in Science (Transfer Track)
- Associate in Business (DTA/MRP)
- Associate in Computer Science (DTA/MRP)
- Associate in Math Education (DTA/MRP)
- Associate in Nursing (DTA/MRP)

### Professional Technical-Career Focused Programs

- Associate in Applied Science (AAS), AAS-Transfer(AAS-T)
- Certificate



# **BENEFITS**

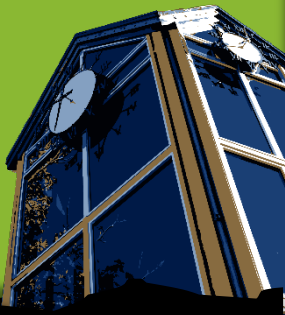
- **Save time and money- Free Tuition**
- **Head start on college studies**
- **Flexible class schedule**
- **Variety of course options**
- **Our diverse college student population provides for a rich learning environment**
- **Potential to earn an associate degree or certificate**
- **Participate in college clubs/activities, leadership, intramural sports & other programs. RS students may also participate in our college eSports team.**

# **CONSIDERATIONS**

- **Readiness to be a college student**
- **Involvement in sports, drama, and other HS activities**
- **Classes cover more material in depth at a faster pace –less time in class and more homework**
- **The college breaks do not always align with your high school break**
- **Grade impact – Grades are recorded on your HS and college transcript and become a part of your permanent record at PC. Low grades or failure to complete courses may jeopardize high school graduation, admission to another college or other future education plans**



# RUNNING START AT PC



## WHAT CLASSES CAN YOU TAKE?

Any college level class that you meet the prerequisite for (on campus, online, hybrid).

You will be assigned a PC Advisor based on which high school you attend  
They will keep track of your remaining high school graduation requirements by following your Planning Form (Equivalency Guide)

Build a 2-year academic plan covering all high school classes needed and the courses to complete an Associate's degree

Save one required HS class for senior year

Try to finish all HS required classes by winter quarter your senior year

Listen to the advice of your high school counselor and assigned PC Advisor



# RUNNING START IS NOT FREE



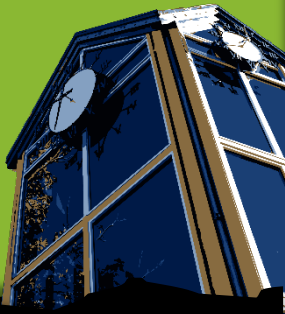
## WHO IS SUCCESSFUL IN RUNNING START?

- Independent learners
- Students ready for an adult learning environment
- Students with good organizational skills and time management skills
- Students with a strong support system at home and high school
- Students who use campus resources and are unafraid to ask for help
- Students who can balance school, work, & other responsibilities
- Students who READ their emails!





# RUNNING START AT PC



## CAMPUS RESOURCES

### Student Development

- Transfer Advising
- Counseling Services
- Services for Students with Disabilities
- Career Exploration

The Center for Equity, Teaching, and Learning is based in our Library. The center includes the Library Media Center, support for online learning, a computer lab, the Writing Center, Tutoring and E-Tutoring, a podcasting studio and the Math Center (located on the ground floor of Maier Hall). Services are available in person and online.

Forks Learning Center & Port Townsend Learning Center- currently supporting students in person and online.





# ACCOMMODATIONS

- Students with documented disabilities can request accommodations through Peninsula College SSD. You will need to work with our SSD staff to receive your accommodation.
- If you have an IEP or 504 plan, it does not automatically follow you to the college. To set up accommodations, please follow the steps outlined on our Services for Students with Disabilities website page.
- Contact [ssd@pencol.edu](mailto:ssd@pencol.edu) for additional information



1

2

3

- 1) **Student Information section**
- 2) **Free and Reduced Lunch Status & Counselor section & signature**
- 3) **Signature Section (Parent & Student)**

## Calculates ratio of tuition waived using a funding table up to 15 credits



# CREDITS AND EQUIVALENCY

- For each five-credit class at Peninsula, a student earns a full year of high school credit. For example, a student who takes English 101 during fall quarter at Peninsula will earn credit for either English 11 or English 12 at the high school.
- A full-time RS student will take 15 credits (3 classes) per quarter and earn up to 9 HS credits per year.
- Tuition free college credit is based on the funding limit table on the RSEVF (basically more classes at the high school means less tuition free courses at the college)

Number of HS Classes	# of Credits Tuition Free at PC
0-1	15
2	12-13
3	10-11
5-7	3-6



# RUNNING START IS NOT FREE



**Tuition** is waived up to 15 college-level credits per quarter (for fall, winter & spring quarters).

Students are responsible for the cost of:

## **Course & Student Fees**

(Technology, Lab, Student Life, Graduation,  
Transportation & Class supplies)

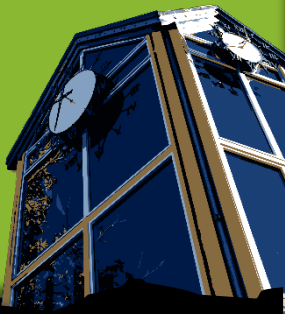
Tuition for under 100-level  
courses and credits over the  
allowed funding limits

## **All other costs**

(books, supplies,  
transportation, etc.)



# RUNNING START AT PC



## FEE WAIVER / BOOK ASSISTANCE

### **Fee Waiver (free & reduced lunch students):**

Income eligibility is confirmed via the RSEVF (for students who have qualified at any time during the past five years for the *free/reduced* lunch program) This waiver covers class fees (excluding consumable fees), and tuition for excess credits.

### **Running Start Textbook Assistance (*for students who qualify for free lunch only*):**

Free lunch eligibility documentation from the school district is required annually. Students are loaned books from the RS Book Library & also receive up to \$175.00 per quarter to purchase books in the campus bookstore.

*Note: All PAHS, QVSD, & CFSD, students qualify for fee waivers & book assistance through the Community Eligibility Provision (CEP). However, they must request assistance by filling out a RS Book Assistance and Fee Waiver Application.*





# RUNNING START AT PC

## HOW TO QUALIFY FOR RUNNING START

- Enrollment at a public high school or school district
- Junior or Senior status (determined by the high school)
- Eligible for college level English (ENGL 101) or college level math (Math 107 or above)

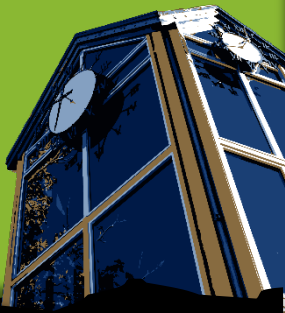




# PLACEMENT OPTIONS

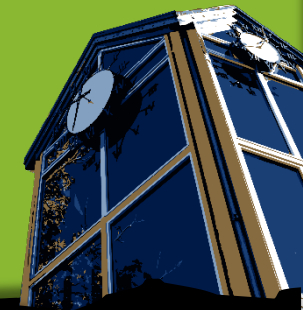
- **High School Transcript**
- **College High School Transcript**
- **College Placement Test, ACCUPLACER – No Fee**
- **High School Smarter Balanced Assessment Scores**
- **ACT/SAT scores**
- **AP English Scores**
- **Placement results from another Washington state community college**

*For a full list of alternative placement methods visit the Testing Center webpage*





# RUNNING START AT PC



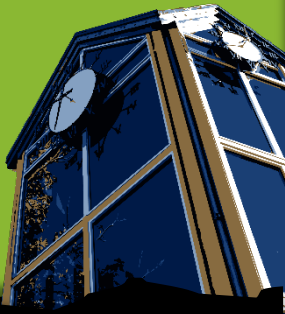
## ALTERNATIVE PLACEMENT OPTIONS

English Requirement	Placement	Documentation
High school English classes with B or above in 3 semesters	English 101	Submit unofficial transcripts to: <a href="mailto:Testing@pencol.edu">Testing@pencol.edu</a> for placement review
SBAC Score Level 3 or 4	Any entry college (100-level) English course	Submit SBAC score to: <a href="mailto:Testing@pencol.edu">Testing@pencol.edu</a> for placement

Math Requirement	Placement	Documentation
High School Algebra 1 and Geometry with B or above in 3 semesters	Math 098/Math 107/Math 111/Math 146	Submit unofficial transcripts to: <a href="mailto:Testing@pencol.edu">Testing@pencol.edu</a> for placement review
High School Algebra 2 with C- to B- in 1 <sup>st</sup> semester	Math 098/Math 107/Math 111/Math 146	
High school Algebra 2 with B or above in 1 <sup>st</sup> semester	Math 141	
High school Pre-Calc with C or above in 1 <sup>st</sup> semester	Math 141	



# RUNNING START AT PC



## PLACEMENT TESTING

ACCUPLACER test (reading comprehension, sentence skills, and math)

To request placement testing go to:  
<https://pencol.edu/testing-center/accuplacer-placement> and fill out a Placement Test Request form.

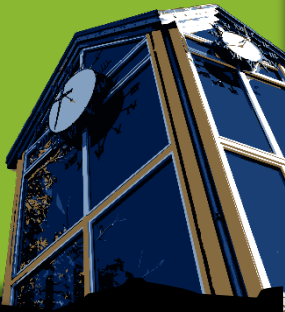
Links to the ACCUPLACER Practice site is also available on this page.

Currently there is no testing fee





# GETTING STARTED- RS CHECKLIST



**Plan early!** -Registration for the fall quarter starts on June 5

- ✓ **Complete an ONLINE PC application at [www.pencol.edu](http://www.pencol.edu)  
Click on Enroll/ Online Application-Apply Now!**

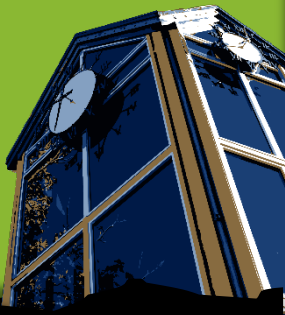
*Note: Be sure to select "Running Start" as your student type*

- ✓ **Qualify for college level English OR math (through alternative placement or by taking the placement test) and activate your ctcLink Student Account**
- ✓ **Once qualified fill out the RSEVF & Planning Form with your high school Counselor**
- ✓ **Review the RS Handbook and read/sign the PC Running Start Agreement Form**
- ✓ **Advise & Register**
- ✓ **Running Start Orientation- Dates will be announced soon for in-person summer orientation. An online option is available for student who attend the Forks or Port Townsend site or are distance online students.**
- ✓ **Pay your fees and purchase your textbooks**





# RUNNING START AT PC



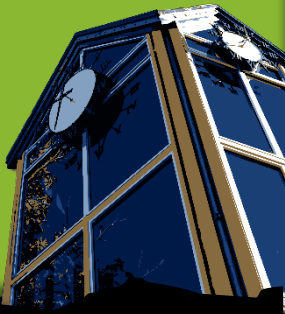
## TIMELINE

- February/March      Apply to the college
- March/April      Qualify through alternative placement/or placement test
- Once qualified      Fill out the RSEVF & Planning Form with your high school counselor. Also complete the RS Agreement and optional Release of Information Form.
- June 5      New Running Start Advising begins
- Summer/ TBD      Attend in person Orientation

**FALL CLASSES BEGIN ON SEPTEMBER 25**



# RUNNING START AT PC



## Thank you!

**Cindy Lauderback - Manager, High School Programs**

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**Anna Forrestal – Director & Educational Planner Port Townsend**

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