



## AAS-T Degree

# Addiction Studies

### Year One (Sample schedule)

#### Quarter One (Fall)

- ENGL& 101 English Composition I .....5
- HSSA& 101 Introduction to Addictive Drugs .....5
- HSSA 105 Physiology/Pharmacology Alcohol/Drugs.....5
- HSSA 190 DBHR HIV/AIDS Brief Risk, Airborne Pathogens....1

#### Quarter Two (Winter)

- FA 100 First Aid or  FA 180 FAfor Healthcare Providers ..... 1
- HSSA 115 Counseling I .....4
- HSSA 150 Case Management.....3
- HSSA 172 Cultural Diversity .....3
- PSYC& 100 General Psychology .....5

#### Quarter Three (Spring)

- HSSA 135 Family Treatment/CD I .....3
- HSSA 140 Group Counseling .....5
- HSSA 155 Youth CD Counseling .....3
- MATH& 107 Math in Society .....5

### Year Two (Sample schedule)

#### Quarter Four (Fall)

- HSSA 116 Intervention in Chemical Dependency .....2
- HSSA 165 Chemical Dependency and Ethics .....3
- HSSA 232 Mental Health Issues.....3
- PSYC& 200 Lifespan Psychology.....5
- CAT Course 100 level .....2

#### Quarter Five (Winter)

- HSSA 160 Chemical Dependency and the Law .....3
- HSSA 201 Pathological Gambling .....3
- HSSA 215 Counseling II .....3
- HSSA 280 Peer Counseling.....5

#### Quarter Six (Spring)

- HSSA 136 Relapse Prevention .....3
- HSSA 250 Case Management for Professionals .....3
- HSSA 290 Medical Aspects of Addiction.....5
- HSSA Internship or Social Science Elective .....5

### Specifics

#### Length of Program

Courses with prerequisites, and the placement level of the student, may extend the Length of Program listed on this page.

#### Which Quarter Can I begin?

The typical student schedule is based on entering the program during the fall quarter, however some programs allow students to enter in the winter or spring as well. Since not all do, please confirm with an advisor whether this program must be started during a specific quarter or not.

#### A Note About Transfer Degrees

Students who wish to transfer to four-year colleges/universities or to technical institutions should obtain the institution's catalog and review the requirements for the program to which they would like to transfer. Faculty advisors will work with the student to develop an educational plan to meet requirements for a transfer.

#### Details

|                           |              |
|---------------------------|--------------|
| <b>Completion Award:</b>  | AAS-T Degree |
| <b>Length of Program:</b> | 6 Quarters   |
| <b>Program Code:</b>      | SAAASAAS     |

#### Program Coordinator (contact with questions)

|               |  |
|---------------|--|
| Stacie Bell   | (360) 417-6377   |
| Office: M-109 | <a href="mailto:sbell@pencol.edu">sbell@pencol.edu</a> |

Apply online: <http://pencol.edu/GetStarted>



## AAS-T Degree

# Addiction Studies

### Program Description

Addiction Studies program competencies can be attained through an extensive array of educational courses offered. The program contains classes suggested to begin internships in chemical dependency agencies in the public and private sectors and fulfill chemical dependency professional status in accordance with current certification requirements. Course content includes counseling, case management, psychology, sociology, ethics, law, and physiology as well as internships in a variety of work environments. Students are encouraged to begin the program in either fall or winter quarter. Successful completion of the two-year program described on this guide leads to an Associate of Applied Science-Transfer degree in Addiction Studies. The AAS-T option may improve the transferability of Associate of Applied Science degrees to some four-year programs.

### Special Features

- This program offers a special 14-credit certificate for persons interested in enhancing their potential entry into training positions. Coursework includes Introduction to Addiction Studies, Physiology of Drugs, and Counseling I.
- The Addiction Studies program offers the student a unique opportunity to develop self-awareness regarding valuable choices for a healthy lifestyle.
- Students interested in pursuing both an Addiction Studies Associate of Applied Science degree and an Associate of Arts transfer degree simultaneously should contact the program advisor.
- This program contains courses which are articulated through the Tech Prep program with one or more area high schools. This course is indicated with TP on the course requirements.

### Student Learning Outcomes

- Identify basic facts on addiction and effect on individual, family, and society; chemical dependency theory and therapy models; dynamics of teenage substance abuse.
- Maintain accurate case management records.
- Utilize knowledge of state laws and court procedures regarding alcohol/drug offenses.
- Apply basic counseling skills in a therapeutic setting.
- Explore dynamics of chemically dependent family.
- Recognize the relapse process and its impact on recovery and family-of-origin issues..
- Examine ethical principles and rules of conduct for the chemical dependency counselor.
- Address cultural awareness as it relates to working with others.
- Apply basic computer skills to practical applications.

- Communicate in writing for a variety of purposes and audiences.
- Demonstrate competencies to succeed in the selected career pathway workplace.
- Interpret human interaction with others.
- Recognize and formulate an information need.
- Report the actions of drugs on the body.
- Identify AIDS and Hepatitis C as diseases.
- Summarize assessment and treatment issues specific to individuals with co-occurring disorders.

### Program Prerequisites

The placement test will help determine English and math placement levels if not known. Previous coursework may also indicate placement level.

### Career Opportunities

Clallam and Jefferson counties offer internships in inpatient and outpatient treatment facilities for students to gain experience as they transition to a chemical dependency professional. There continues to be a strong need for addiction professionals throughout the state.

### Potential Positions and Earning

Potential positions include chemical dependency counselor, intervention specialist, case manager at emergency shelter, and case worker for state agencies (i.e., Department of Social and Health Services, mental health agencies, etc.).

**For current employment and wage estimates, please visit and search for the relevant occupational term:**

[www.bls.gov/oes](http://www.bls.gov/oes)

### Assessment

Students are required to place into the English and math/applied math courses required for this program. Learn more about placement options by visiting the Assessment and Placement website: <http://www.pencol.edu/placement-testing>

### Approximate Additional Costs

|   |                     |
|---|---------------------|
| Books, supplies and miscellaneous fees (per quarter)..... | \$250.00 - \$300.00 |
| Application for Chemical Dependency Professional.....     | \$250.00            |
| Initial Chemical Dependency Professional Certificate..... | \$275.00            |
| Chemical dependency counselor trainee application.....    | \$110.00            |