



## Certificate

# Nursing Assistant Program Certificate

## Year One (Sample schedule)

### Quarter One

NAC 105  
 (includes American Heart Health care provider CPR) .....6

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**Total Credits Required 6**

## Specifics

### Length of Program

Course runs six to eight weeks. Classes are held in the evenings for 6 weeks and there are also 6 clinical shifts that are mostly scheduled on the weekends. There is a summer course that runs for three consecutive weeks.

### Which Quarter Can I begin?

The nursing assistant course is offered once a quarter, including summer. Submit your application at anytime and you will be contacted regarding the next available class.

### Details

**Completion Award:** Certificate  
**Length of Program:** 6-8 Weeks  
**Program Code:** NAANAC01

### Program Coordinator (contact with questions)

Kate Dexter (360) 417-5698  
 Office: K215 [kdexter@pencol.edu](mailto:kdexter@pencol.edu)

### Submit Applications to:

Kate Dexter (360) 417-5698  
 Office: K215 [kdexter@pencol.edu](mailto:kdexter@pencol.edu)

### Apply online:

<http://pencol.edu/Proftech/Nursing-Assistant>

## Required Vaccinations

### MMR (Measles, Mumps & Rubella)

Proof of receiving 2 doses of MMR (Live) OR Proof of immunity via lab titer to Measles, Mumps & Rubella.

### Varicella (Chicken Pox)

Proof of receiving 2 doses of varicella OR Proof of immunity via lab titer to Varicella.

### TB Testing

Negative TB test within the last 12 month by Skin test or Quantiferon Gold.

If student has history of past positive TB test, student must have a negative chest X-ray within 12 months and a negative symptom screen completed.

### Flu Vaccination

Students must have proof of influenza vaccination, if they are training on OMC property during the following time period.  
 October 1st – March 31.

### Tdap (Tetanus, Diphtheria & Pertussis) Vaccination

All students must have documentation of their adult booster dose.

### Hepatitis B

It is highly encouraged for students to have the 3 dose Hepatitis B series and documented immunity by titer.



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### Program Description

This course studies the role of the nursing assistant, which includes basic nursing skills, emergency procedures, and laws and regulations affecting nursing assistants. The course consists of classroom, laboratory and clinical experiences needed to become a nursing assistant. After completing this course, students are eligible to take the Washington State Certificate Exam, making them employable in many settings such as hospitals, clinics, skilled nursing facilities (long term care and rehab), and assisted living facilities. Includes 7 hours of HIV/AIDS healthcare certificate. **To meet the hours of education required by the state, attendance for all classes and clinicals is mandatory. This program is under conditional approval from the Nursing Care Quality Assurance Commission.**

### Student Learning Outcomes

When this program is completed, the student will be able to:

- Apply skills and knowledge of high quality nursing assistant care, as a member of a long term care professional team.
- Articulate accurate objective medical information verbally and in writing to other professional team members.
- Demonstrate proficient assistance to a wide variety of residents in a safe, clean environment.
- Create a care environment that encourages independence, while maintaining dignity, for each resident in their care.
- Demonstrate competence with care assistance, and decision making.
- Identify potential hazards and infectious agents to help with facility safety.
- Demonstrate an understanding of the health care system.
- Identify the facility policies and procedures and adhere with high self-expectations and standards.
- Identify healthy care practices for themselves and their families, using the new skills learned in care giving.

### Special Features

Upon successful completion of this course, student will be eligible to take the written and practical nursing assistant exam to become certified.

- Receive a certification of completion.
- Receive a certification in Healthcare Provider American Heart CPR and in 7 Hour HIV/AIDS.
- Eligibility to take the National Nursing Assistant Certification Exam (NACES). Students who receive their certification and successfully pass the NACES exam are eligible for licensure in the state of Washington as an NAC and employment in various health care facilities.

### Entrance Requirements

There are no prerequisite courses for this program, although students must be able to read, write, understand, and speak the English language. Students must also be physically able to perform the duties of the Nursing Assistant. These duties include, but are not limited to: lifting, moving, and transporting patients.

### Nursing Assistant Job Description:

#### Potential Positions and Earning

The Peninsula College NAC program is a state-approved training that consists of 54 hours of caregiving related academics and workplace skills, and 48 hours of practical experience under the supervision of a Registered Nurse.

**For current employment and wage estimates, please visit and search for the relevant occupational term: [www.bls.gov/oes](http://www.bls.gov/oes)**

**Position Responsibilities:** The responsibilities of this position involve significant physical activities including standing, lifting (up to 60 pounds unassisted), bending, stooping, pushing, pulling, and twisting. All nursing home staff may be required to transfer residents, and will use lifting devices or work in teams for assisting resident/patient transfers.

### Approximate Additional Costs

Peninsula College for a 6 credit course. Current tuition and fees for Washington resident, non-resident, and international students can be found on Peninsula College's web site at [www.pencol.edu](http://www.pencol.edu) or by contacting the registration office. Rates may increase annually, effective fall quarter.

Books.....	\$30
Malpractice insurance .....	\$15.62
First Aid.....	\$25
Immunizations – 2 tier TB required.....	\$60
Seasonal Flu vaccine .....	\$30
Scrubs and second hand watch .....	\$60
Washington State Patrol background check (submitted with application) <a href="http://www.wsp.wa.gov/crime/chrequests.htm">http://www.wsp.wa.gov/crime/chrequests.htm</a> .....	\$12 (per name)

### Travel/Transportation:

Students are required to provide their own transportation to clinical sites. Hours of class and clinical will be between the hours of 6am to 9pm depending on the rotation. Clinical sites are in both Port Angeles and Sequim.

### Certification Testing and Fees:

<http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/NursingAssistant/Fees.aspx>